

Introduction to Solution Focused Supervision

11 - 12 May 2026 | 8:00 AM - 4:00 PM (GMT+8) | Online via Zoom

Clinical supervision plays an important part in the development of healthcare professionals - a supportive relationship that facilitates learning and growth, increases professionalism and reduces stress. This workshop will help you learn more about the solution focused approach to supervision. Whether you are a new, experienced or wannabe supervisor, this workshop will help you develop confidence and competence in your supervision abilities. The workshop will use discussion, real supervision examples, live supervision and small group exercises.

"This course has helped build my SF supervision confidence. There were so many great ideas that I will be able to use immediately. This has been well worth taking time out of a busy work schedule to move closer to my preferred future."

- Michele Orr, Nurse Practitioner / Team Leader, Eastern Health, Melbourne Australia

Learning Objectives

- Describe the philosophy and mindset of solution focused supervision
- Apply the skills and tools needed for individual and group supervision
- Evaluate your supervision using feedback informed supervision tools
- Develop your confidence and competence as a supervisor



Jane is a UK-trained Clinical Psychologist based in Singapore, where she runs her own practice offering therapy, coaching, supervision, and training. With over 3,000 hours of experience as a clinical and coaching supervisor, she has supervised individuals since 2006, groups since 2011, and trained healthcare professionals to become supervisors since 2014. An Approved Supervisor with the Singapore Psychological Society and an Accredited Coach Supervisor with the EMCC, Jane has worked in Singapore for over 12 years, exploring how supervision and therapy models can be adapted across cultures. She has authored numerous chapters on Solution Focused clinical supervision and edited the book Solution Focused Coaching Supervision (2024).

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